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## POSITIVE AND NEGATIVE EFFECTS OF MOBILE PHONE ON STUDENTS CAREER

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### **Introduction:**

Cell phones or mobile phones have become a very important part of our daily lives. It is very difficult to imagine our live without a cell phone as most of our work is done using cell phones. Everything has its pros and cons and mobile phones too have its positives and negatives. If you are wondering what positives and negatives can be of cell phones, you are at the right place as today we will share these with you? Along with their books and school supplies, many students make their daily trip to school with their trusty mobile phone. These pocket-sized tools can do anything from make a standard phone call to surf the web. The presence of cell phones presents a host of options and challenges for today's students. Mobile phones can be a helpful academic tool, or a hurtful academic disruption depending upon the attitude and use pattern of the student owner.

**Key Words :** *Mobile Phone, Cell Phone, Positive Impact, Negative Impact, Android, Smart Phone*

### **Positives of cell phones:**

**Communication:** The very first positive point of mobile phones is communication. With mobile phones you can communicate with anyone from anywhere at any time. Now days, the smartphones which are coming are small in size and light in weight which makes it very easy to carry them. You don't need to sit beside the receiver as your mobile phone is not attached with anything.

**More Convenience:** Mobile phones are undeniably convenient. Because of mobile phones, students never have to look for a pay phone or wonder about the location of a friend. These ubiquitous communication tools allow students to reach their peers and their parents instantly. Everything from ordering a pizza to calling to check movie times is easier with a cell phone, as the communication device you need is right at your finger tips.

**Greater Technology Availability:** Picture-taking and Internet surfing are readily available on most cell phones. This aids students in gathering the information that they need for school or accessing their email or school website. Students benefit from this technology availability as it allows them to create more polished academic products with less effort than before the ready availability of cell phones.

**Entertainment:** Mobile phones have become a source of unlimited entertainment. The things which we never thought would be present in a mobile phone are now possible. Smartphones have come into existence which not only help you in making



calls but also help you to stay entertained by allowing you to play games, listen to music and do lots of other stuff. Mobile phone even comes with special apps for kids to increase their brainstorming which is pretty good.

**Improved Personal Security :** Many parents argue that cell phones keep students safe. A parent is never more than a phone call away when a student is carrying their cell phone. The presence of a cell phone also ensures that students can call parents or emergency personnel in the case of an unforeseen emergency. While most students will never have to use their cellphone as a safety device, the knowledge that it could be used as such puts parents at ease and keeps them paying the monthly cell phone bill.

**More Distraction :** The biggest lament of teachers in regards to cell phones is that they lead to student distraction and off task behavior. Texting a friend is a tempting diversion that many students select over listening to a lecture or completing a class assignment. If not silenced, cell phones can ring during class, drawing everyone's attention away from the lesson and disrupting the flow of learning. Many teachers worry that this added distraction negatively impacts students' school performance as it stops them from dedicating their full attention to their studies. While useful, many of the features of cell phones can also be used to engage in inappropriate behaviors. Taking inappropriate pictures and then "sexting" them to a boyfriend or girlfriend is a growing problem. These pictures often end up in the wrong hands, which leads to others gaining access to the private photos. Teens often fail to recognize the long-term implications of inappropriate behavior and engage in the behavior without considering the consequences. The consequences for inappropriate behavior are real and long-lasting. Once distributed, sexted photos are almost impossible to contain. The presence of these racy photos can limit the teens' options in the future and severely mar their reputations.

**Beneficial in studies :** If you are using a Smartphone, you can take advantage of it in your studies or your business. The smartphones which come with Android, Apple iOS and Windows Phone operating system come with educational apps which can be used while you are in college. If you are into business you can install applications like Skype which will help you in communicating with your clients on the go.

#### **Negative impact of cell phones:**

**Bad impact on studies :** It is true that mobile phones can help students in studies but only if they use them wisely. Most of the students become additive to mobile phones and are found playing games, chatting with their friends and watching movies and other stuff. If students are busy keeping their eyes on their mobile phones at all times they won't get time for studying which would lead to poor grades.

**Health issues and accidents :** Mobile phones lead to a lot of accidents. A lot of people do their daily work, drive while taking on mobile phones. There is high risk of accident if you are talking on the mobile phone and driving as you are giving your half attention to the mobile call and are having half attention on the road. Research



studies have also claimed that mobile phones have a negative impact on health of an individual. If you are using mobile phone for long hours daily it might lead to serious health issues.

**Conclusion :** These were the advantages and disadvantages of mobile phones. In the end, it all depends on our usage. Cell phones are the most personal device to us and we should make an optimal use of them.

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